

MyLifeCoach.com

Featuring Coach Michele

Coach Michele has enjoyed wide ranging career experience in science, health care and software engineering. Coach Michele left her successful corporate career to live in harmony with her own inner values, and to help others achieve the success and happiness that they all deserve.



Coach Michele believes that people can all contribute the most to their family, community and planet when we are doing work that we love and living a happy and personally fulfilling life.

According to Coach Michele, despite what society, or even experience, might tell you...this is not difficult! It is easy when you remove obstacles, release worry and fear, change limiting beliefs, discover your deepest values and develop an inspiring vision for your life.

Coach Michele has coached a wide-variety of aspiring clients...from established senior executives to recent graduates and home-makers...from around the world. Coach Michele also provides motivational and informational speeches across North America.

What is Life Coaching?

Life Coaching is for people that are truly ready to create a successful life for themselves. A life coach is skilled in helping clients to make radical improvements in their life.

A Life Coach is not a therapist...more than a consultant... and not just a friend: A Life Coach is a personal expert dedicated to help clients realize their full potential!

Coaching sessions are typically held via telephone, email and web cam...whatever the client's preference.

Anything you can do, you can do it faster and better with a coach!

Coach Michele's Clients Say it All:

Life Coaching with Michele changed my life. I was at a standstill for over 10 years working a Corporate job I didn't like. After 1 month of working with her I found a school to attend, my confidence increased in making a decision and I was able to move forward.

-- I.M., USA

Michele's coaching gave me the inspiration and tools to explore the possibility of having my own business and the confirmation that I can make it work. I now have a timeline to the day I can run my business full time and I look forward to my future career. Michele helped me make my dreams come true!

-- M.K., USA

Working with Michele has been a life changing experience for me. In just a few months, I've seen my stress level drop and my overall personal and professional life satisfaction grow by leaps and bounds.

-- D.S., USA

I wasn't sure if life coaching was what I needed to help me reach my goals, but after only one month of working with Michele a powerful transformation is taking place in my life. I love getting up in the morning, I delight in my children and my husband, and I am allowing myself to enjoy the journey. Michele's guidance, support, and honest feedback is teaching me to embrace my unique approach to life and live in a way that truly brings me joy.

-- S.T., USA

As a busy entrepreneur, running the daily activities of my business is a full-time undertaking. Michele has been instrumental in helping me move forward. She's given me the skill set to prioritize and accomplish tasks, as well as set reasonable deadlines. It's a series of small achievable steps but when I look back I realize that since we started working together, I've come a long way.

-- J.P., Canada

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In the Media

Coach Michele is available for interviews on all aspects of how to make life great!

Here are just some of Coach Michele's/MyLifeCoach.com's appearances:



BBC Five Live - December 30, 2005



Armstrong & Getty Show, April 6, 2006



Toronto Sun, "For 2006, I Resolve", January 19, 2006



CanadianLiving.com, "Fight 5 Ambition Busters", January, 2006

Media Inquiries

Contact Coach Michele at Michele@mylifecoach.com or 888-332-3613

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In the Media



MetroNews.ca Workology, "First Jobs Shape Future - Add to That Resume Early: Career Coaches", January 25, 2006



Named one of U.S. News and World Report's favourite career websites, 2006 Annual Career Guide, March 20, 2006



Singapore's Female Magazine, "What's Your Hurry?", July, 2006.

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